

Praying Beyond Words

A Reflection Day at Sychar House, Toowoomba
facilitated by Lisbeth Raeside

Participants will be invited to recognise that prayer without words is important and relevant to us all. We will look at ways of opening to God that are not dependent on words such as stilling, praying with the body, visio divina, creative prayer etc

WHEN: Wednesday 24 July 2024

TIME: 9.15 am for prompt 9:30 am start, concluding by 2.30 pm.

WHERE: SYCHAR House, 69 Margaret Street, Toowoomba

Tea/coffee provided. Please bring your own lunch. (Lunch will be silent)



Lisbeth Raeside is a trained spiritual director in the Ignatian tradition and most recently spent last summer in Loyola, Spain, as part of a team offering the full Spiritual Exercises. She has been Director of SPRED in the Archdiocese of Glasgow since November 2016. Lisbeth is responsible for the delivery and development of the SPRED catechetical programme for adults and children who have a learning disability in parishes throughout the Archdiocese and at a purpose built SPRED Centre.

COST: \$25.00 per participant paid in advance or on arrival. For exemption, please contact Sychar in advance.

REGISTRATION: Please register your details via trybooking <https://www.trybooking.com/CSZYP> but payment is to be made via the options below. (Sychar is not able to receive payments via trybooking.)

PAYMENT OPTIONS

1. Electronic Transfer:

Note: Payments go into a special fund held for Sychar within the Diocesan Account, so please ensure that Reference details are properly filled in as indicated below.

Bank: NAB **BSB:** 084-961

Account No: 65 309 7284

Account Name: CRDOT

Reference: Sychar, "Praying Beyond Words", insert your name.

2. Payment via Credit/Debit Card by phone

Payment on the Day

3. Credit/Debit card payment on the day via Eftpos

4. Cash payment